The Facts About Inflammatory Bowel Disease
Frequently Asked Questions

1. Why has the number of people with IBD increased from 1.4 to 1.6 million?
   In 2011, CCFA reported that 1.4 million people were living with IBD. This information was based on a research study that followed a group of Minnesota residents from 1970 to 2000. Data from this group of residents has now been analyzed through 2011. The new data estimates that 1.6 million people are currently living with IBD.

   If you assume that 70,000 new IBD cases occurred each year from 2011 through 2014 (based on previously reported estimates) you would wind up with an additional 280,000 cases. If you add 280,000 new cases to the 1.4 million existing cases you get 1,680,000 cases. This number is close to what the MN data estimated, reflecting a fairly predictable increase in the number of IBD cases.

2. Why has the number of children affected by IBD increased to 80,000?
   CCFA previously reported that 50,000 children in the US have IBD. To calculate the number of children currently living with IBD, CCFA applied the same formula (approximately 5% of IBD cases are children) to the updated statistics (1.6 million people with IBD).

3. Why has the financial burden of IBD increased to approximately $32 billion?
   New research data was used to calculate a higher financial burden estimate of IBD in the United States. Several studies examining different sources of insurance data were cited and compared, creating a range of direct costs. The highest value of the range was used to approximate the direct cost. These figures reflect the potential financial impact IBD has on both the patient/family and the US economy.

4. Are there other research studies that may show higher or lower estimates of IBD statistics?
   The studies cited in this Fact Book represent a sample of studies from the literature. There may be additional studies not cited in this Fact Book that show higher or lower estimates of IBD statistics. Additional research data may have been published since the printing of this document.

5. What is on the horizon?
   As science advances, so does our understanding of IBD, allowing us to develop new ways to diagnose, treat and manage IBD. To increase our understanding of IBD and bring us closer to a cure, CCFA is focusing its research efforts on several areas, including:
   - Looking at different subgroups of IBD patients to predict disease aggressiveness, complications and response to treatment.
   - Understanding environmental factors affecting the risk and course of IBD.
   - Clarifying the relationships among genes, bacteria and the immune response, leading to new targets for therapies.
   - Determining optimal treatment approaches and strategies by comparing different treatment options.

6. Where can I find more information?
   To find more information about IBD and CCFA’s research efforts, or to get involved, visit CCFA’s website at www.ccfa.org or contact the IBD Help Center via telephone 888-694-8872 or email info@ccfa.org