

CIPROFLOXACIN

Dear @Name@,

Your healthcare team has discussed the following subject with you: ciprofloxacin. Brand names include Cipro and Proquin. Here is some additional information. Let us know if you have any questions regarding this information.

How it works: This medication belongs to a class of drugs called antibiotics. Antibiotics are mostly used to treat infections inside the body, but can be used to reduce irritation and inflammation in the intestines. It can also be used to treat disease complications (like abscesses or fistulas) and can be given after surgery.

How it is taken: It is usually given as a pill or liquid, but can sometimes be given as an intravenous infusion.

Common side effects: Antibiotics are generally well tolerated, but may cause side effects such as nausea, vomiting, abdominal pain, rash, diarrhea, dizziness, sensitivity to light, nightmares, and headaches. This medication may cause pain and inflammation of your tendons, particularly in your Achilles tendon (the tendon that connects your calf muscle to the heel of your foot).

Special considerations: This medication can become less effective if taken with antacids (such as Rolaids and Tums) as well as calcium, iron, or zinc vitamin/mineral supplements. Avoid the sun while on this medication. Wear sunscreen during the day, and avoid tanning booths. Avoid breastfeeding while on this antibiotic and for two days after completing treatment.

Monitoring: If on prolonged therapy, then your kidney function, CBC, and liver enzymes may be monitored.

Points to remember: Before taking these medications, let your healthcare team know about other medical conditions that you may have or other medications (even over-the-counter medications or complementary therapies) you may be taking.

Other tips: The best way to control your disease is by taking your medication as directed. Even when you do not have any symptoms, it is very important to continue taking your medication to prevent your disease from becoming active again. Do not alter the amount of the medication or how frequently you take it on your own. If you have any side effects or you continue to have symptoms, speak to your healthcare team immediately.

For further information, please check out <http://www.ibdmedicationguide.org/> or follow this link:

</sites/default/files/2020-03/antibiotics.pdf>