

SKIN COMPLICATIONS

Dear @Name@,

Your healthcare team has discussed the following subject with you: skin complications. Here is some additional information. Let us know if you have any questions regarding this information.

Some people with inflammatory bowel disease (IBD) may get complications outside of their intestines, including their skin. These skin issues are usually linked to how active your IBD is. For example, they generally appear right before or during a disease flare. These complications usually heal when your IBD is brought under control with medications. However, antibiotics and skin ointments may also be prescribed. The most common skin complications experienced by those with IBD include:

Erythema nodosum: With this complication, tender red bumps usually appear on the shins and ankles, but can sometimes appear on the arms.

Pyoderma gangrenosum: Is usually found on the shins and ankles, but can sometimes appear on the arms. They typically begin as small blisters that eventually join together to form deep ulcers.

If you experience any of these symptoms, or any changes to your skin, talk to your healthcare team about your concerns.

For further information, please check out <https://www.crohnscolitisfoundation.org/extraintestinal-complications-ibd> or follow this link:

</sites/default/files/2020-03/skin.pdf>