Are These Symptoms Related to My IBD?

Abdominal pain, diarrhea, cramping, and weight loss are all very common symptoms of Crohn’s disease and ulcerative colitis.

You can also experience symptoms outside of your digestive tract. They can appear before you even know you have IBD.

Signs and symptoms beyond the gut:

- **Anemia**: Fewer red blood cells than normal.
- **Eye disorders**: Uveitis, dry eyes, keratopathy, episcleritis.
- **Liver disorders**: Hepatitis, gallstones, fatty liver disease, primary sclerosing cholangitis (PSC).
- **Skin Disorders**: Erythema nodosum, skin tags, pyoderma gangrenosum.
- **Arthritis**: Inflammation of joints.
- **General symptoms**: Dizziness, fatigue, shortness of breath.

For more information on related IBD symptoms: crohnscolitisfoundation.org

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