

Clinical Trials Community eNewsletter

Summer 2019



Welcome to the Crohn's & Colitis Foundation's Clinical Trials Community eNewsletter. This newsletter will be sent on a quarterly basis to keep you up to date on research happenings in inflammatory bowel disease (IBD).

Become a Clinical Trials Ambassador

Have you participated in a clinical trial? Are you interested in helping others and raising awareness about clinical trials? If the answer to these questions is yes, then you should consider applying to be a part of our Clinical Trials Ambassador Program.

If you want to learn more about the program and how you can apply, please reach out to cdermody@crohnscolitisfoudation.org.

Examining IBD Self-Management for Younger Patients

Learning to live with and manage inflammatory bowel disease (IBD) is a big responsibility, and for children it can be an even larger task. Children are also responsible for handling school and their social lives and for finding a way to deal with the stress that comes from living with IBD. Obstacles may arise if self-management is not followed. A study at the University of London aims to learn how valuable it is for pediatric patients to be involved in self-management with IBD.



Read more about this study and its findings in our [research update blog](#).



Get to Know Melissa!

Melissa is one of our Clinical Trials Ambassadors from New York. She was diagnosed with Crohn's disease at 17 and through her journey experienced a number of challenges, from failing medications to participating in clinical trials that were canceled. She never gives up, and we are thrilled to have her as one of our ambassadors.

"While the prospect of being in a trial can be scary, without trials there would be no medication approved for IBD. If my participation in a trial can help not only me, but other IBD patients, I will always be willing to participate."

[Read more of Melissa's story.](#)

You Can Speak to a Clinical Trials Ambassador Through the Power of Two!

Interested in hearing more about what it's like to participate in a clinical trial? Our Clinical Trials Ambassadors are here for you! They can speak to you about their own clinical trial experiences and answer your questions.

Contact powerof2@crohnscolitisfoundation.org for more information.



Improve Your Research Vocabulary
With Our
Phrase of the Quarter!

Clinical Research Coordinator

A clinical research coordinator is the person who helps to coordinate and organize a clinical trial. They work under the direction of a principal investigator while managing a clinical research team. An individual in this position oversees the informed consent process with a patient who is enrolling in a clinical trial. They are the patient's main point of contact during the study. Additionally, they are responsible for making sure the study is run following all rules and procedures.

Clinical Trials Quiz!

Where did the first clinical trial take place?

International Clinical Trials Day was on May 20! This is a time to recognize the individuals who oversee clinical trials and who are in the clinical research profession. In honor of them and the work they do, we thought we'd test your clinical trial knowledge! Give us your best guess:

The first clinical trial was conducted by James Lind on:

- A. A plane
- B. A farm
- C. A ship



Correct Answer – C

The first clinical trial was conducted on a ship by James Lind in 1747.

To learn more about James Lind, read about him online at [The James Lind Library!](#)