



LIT Retreat Health & Safety Policies

As a nonprofit health organization, our focus is the health and safety of our patients, staff, and volunteers. As such, we will continue to be as conservative, *and at times possibly more conservative*, than CDC and/or local guidance to ensure the safety of our community.

This policy was developed specifically for the Leader in Training (LIT) Retreats and was created under the guidance of our Camp Oasis Medical Advisory Task Force. The policy takes into consideration the unique environment of a camp experience; campers share sleeping quarters and bathroom facilities and are often in close proximity to one another.

Vaccinations

- Per the CDC, vaccination is the leading public health prevention strategy in the United States to help end the COVID-19 pandemic. These retreats were planned with the idea that participants in this specific age group would have the ability to be fully vaccinated well in advance of these activities.
- Therefore, all participants, volunteers, and staff attending the LIT Retreats must be fully vaccinated for COVID-19; receiving 2 shots of the Pfizer or Moderna vaccine, or one shot of the Johnson & Johnson vaccine at least 2 weeks prior to the start of the retreat.
- Proof of vaccination must be provided by sending a copy of a COVID-19 vaccine card to the Camp Oasis office prior to the start of camp.
- **There will be no exceptions to this policy.**

Other Precautions

- Additional requirements such as masking and pre-retreat testing will be determined as we get closer to each event.
- Camp Oasis will also follow any local requirements at each retreat including occupancy per cabin, indoor social distancing, etc. Policies will be updated accordingly and communicated prior to the retreat.
- Weather permitting, many activities will take place outdoors.
- Participants, volunteers, and staff will be asked to follow proper hygiene guidelines including proper handwashing, not sharing food, and covering coughs and sneezes.
- Any participant displaying symptoms of COVID during the retreat will be requested to take a COVID test and will be isolated until they can secure transportation home or the end of the retreat session.
- It is also recommended that attendees receive the influenza inoculation prior to the retreat.

This policy was informed by current CDC policies and may be updated as conditions change. Click [Here to see the current CDC guidance for vaccinated people](#).

To learn more about COVID-19 and IBD, [click here to see the latest on the Crohn's & Colitis Foundation's website](#).