



Leaders in Training Retreats FAQ

What are the LIT Retreats?

These in-person weekend retreats will be held at five regional locations across the country. The program will offer outdoor adventure, games, friendship and lots of Camp Oasis fun! Each location will offer different activities, but they may include ziplines, climbing towers, hikes, GAGA, campfires, games and more.

Who is eligible to attend these retreats?

Teens who graduated high school in 2021 or will be graduating in 2022. New campers in this age group are welcome!

Can an 18 year old apply themselves?

Yes, as long as they complete all of the required paperwork on time.

Which retreat location can I attend?

You can attend any one location that works best with your schedule and travel plans.

Are their fees to attend the retreat?

Yes. There is a \$100 registration fee. However, scholarships are available to those that qualify. To apply, complete the scholarship section in the online application form.

There are no retreats near me, can Camp Oasis assist with travel?

- 1) The Foundation has limited funds available to assist with ground and air travel costs for those that qualify. Complete the travel scholarship portion of the application to request support.
- 2) Camp Oasis will happily try to coordinate carpools for families. Indicate your interest in the application.
- 3) For parents who would like to stay in the retreat area during the weekend, we will look into low-cost housing nearby and potentially some programming should there be enough parents. Indicate interest in the application.

Can an 18 year old travel to the retreat themselves?

Yes, however, we still encourage parent to travel with their teen if possible.

If I have to fly to the retreat location, how to I get to the camp site from the airport?

In most cases, an Uber or other car service will be the best choice. Contact us if you have specific concerns – camp@crohnscolitisfoundation.org

What are the arrival and departure times for the retreats?

Each retreat will have a slightly different schedule but generally, arrival is late Friday afternoon and departure from camp will be noon on Sunday. Once schedules are finalized, we will update our website and forward the information to registered participants.

I am on a special diet, will you be able to accommodate my needs?

Each location is different, but we are choosing the most IBD friendly menu available. In some cases, LITs can bring their own food if needed. We will reach out to those indicated special food needs on their applications to discuss.

Do I have to bring my own bedding?

Each site is different, but we are trying to contract with our host site to provide bedding. Please read the supply lists in the Parent/LIT Guide for needs for your retreat.

Will there be on site medical care?

Yes. We will have medical professionals to provide first aid, help distribute prescription medications, and provide general care with OTC medications. However, any care beyond these basic needs will likely be provided at a local urgent care center with any costs to be covered by the families and their insurance.

Why do you have a 100% COVID vaccination policy?

As a nonprofit health organization, the Crohn's & Colitis Foundation's focus is the health and safety of our patients, staff, and volunteers. As such, we will continue to be as conservative, *and at times possibly more conservative*, than CDC and/or local guidance to ensure the safety of our community.

Per the CDC, vaccination is the leading public health prevention strategy in the United States to help end the COVID-19 pandemic. These retreats were planned with the idea that participants in this specific age group would have the ability to be fully vaccinated well in advance of these activities. The policy takes into consideration the unique environment of a camp experience; campers share sleeping quarters and bathroom facilities and are often in close proximity to one another. Therefore, our Camp Oasis Medical Advisory Task Force determined this was the only safe way to host such events.

Will other safety measures be required?

We will operate in alignment with the safety protocols at the time of the retreat, including those required by the host facility and local and state authorities.