



Day of IBD Education for Patients & Caregivers
with University of Rochester Medical Center Healthcare Professionals

Time	Topic	Speaker
9:00am-9:30am	Registration	
9:30am-9:35am	Introduction	Art DeCross, MD
Block 1 – Medical & Surgical Therapy		
9:35am-9:45am	New Medications	Lawrence Saubermann, MD
9:45am-9:55am	Biosimilars	Sarah Mohammadi, PAC
9:55am-10:05am	Costs & Access to Medications	Betsy Smith, PharmD
10:05am-10:15am	Surgery & Perianal Disease	Zhaomin (Tim) Xu, MD
10:15am-10:30am	Q&A Panel	All Speakers in Block 1
10:30am-10:40am	Break	
Block 2 – Health, Nutrition, & Alternative Medicine		
10:40am-10:50am	Complementary Medicine	Maisa Abdalla, MD
10:50am-11:00am	Diet & Nutrition as Therapy	Nishaben Patel, MD & Becky Abell, DO
11:00am-11:10am	Health Maintenance & Preventative Medicine	Brandon Sprung, MD
11:10am-11:25am	Q&A Panel	All Speakers in Block 2
11:25am-11:35am	Break	
Block 3 – Family Planning		
11:35am-11:45am	IBD & Pregnancy	Danielle Marino, MD
11:45am-11:55am	Medications & Pregnancy/Lactation	Betsy Smith, PharmD
11:55am-12:05pm	Pregnancy, Pouches, & Perianal Disease	Lisa Cannon, MD
12:05pm-12:20pm	Q&A Panel	All Speakers in Block 3
12:20pm-12:25pm	Farewell Address	Art DeCross, MD
12:25pm-12:30pm	Break	
12:30pm-1:00pm	Meet the Docs!	All professionals that are available