

Check-In/Registration			
9:00 – 9:50 a.m.			
General Session			
Time	Topic	Speaker	Room
9:50 – 10:00 a.m.	Welcome	Jennifer O’Conner, Regional Director Northwest Chapter	Ballroom
10:00 – 10:45 a.m.	Keynote Address: Managing Costs of Care & Self-Advocacy	James Lord, MD, PhD Virginia Mason Franciscan Health	Ballroom
Break & Visit Exhibits			
10:45 – 11:00 a.m.			
Breakout Session I:			
Time	Topic	Speaker	Room
11:00 – 11:30 a.m.	Mental Health & IBD (Patient focused)	Kalin Clark, Psy.D. Oregon Health & Science University	Breakout Room I
	Mental Health & IBD (Caregiver focused)	Jacklyn Stellway, Psy.D. Oregon Health & Science University	Breakout Room II
	Microbiome & IBD	Neelendu Dey, MD University of Washington	Breakout Room III
	Aging with IBD	Christopher J. Shepela, MD Kaiser Permanente, Colorado	Ballroom
Break & Visit Exhibits			
11:30 – 11:45 a.m.			
Breakout Session 2:			
Time	Topic	Speaker	Room
11:45 a.m. – 12:15 p.m.	Surgery & Ostomy Resources	Jennifer Starnes, RN, BSN, CWON MultiCare Health System	Breakout Room I
	Diversity & Inclusion in Clinical Trials	TBD	Breakout Room II
	Natural Therapies in IBD	Astrid Pujari, MD Virginia Mason Franciscan Health	Breakout Room III
	Pediatric IBD	Kendra Leigh Francis, MD Seattle Children’s Hospital	Ballroom
Lunch Break & Visit Exhibits			
12:15 p.m. – 1:00 p.m.			
General Session			
Time	Topic	Speaker	Room
1:00 p.m. – 1:45 p.m.	Expert Q&A Panel	All Speakers	Ballroom
Closing			
1:45 – 2:00 p.m.			