

**Morning of Culture Meet & Greet with Breakfast**

10 – 10:30 a.m.

**Morning of Culture**

Time	Topic	Speaker	Room
10:30 – 11 a.m.	<b>Sharing decisions that impact your disease journey</b>	<b>Dorian Jones, MD</b> Digestive Health Institute, A Pinnacle GI Partner	B
11 – 11:30 a.m.	<b>Tips for talking with your healthcare team – case studies and role playing</b>	<b>Dorian Jones, MD</b> Digestive Health Institute, A Pinnacle GI Partner <b>Panel</b>	B
11:25 – 11:30 a.m.	<b>Closing</b>		

**Registration/Networking/Visit Exhibits**

11:15 – 11:45 p. m.

**MyIBD Learning: Detroit  
General Session 1**

Time	Topic	Speaker	Room
11:45 – 11:50 p.m.	<b>Welcome</b>	<b>Melissa Greer</b> Executive Director, Michigan Chapter	B
11:50 – 12:15 p.m.	<b>IBD Research Update</b>	<b>Shrinivas Bishu, MD</b> Univ of Michigan	B
12:15 – 12:40 p.m.	<b>Disordered Eating and IBD: A multidisciplinary perspective</b>	<b>Jessica Naftaly Ph.D.</b> Univ of Michigan  <b>Amanda Lynett, MS, RDN</b> University of Michigan	B

**Lunch Break**

12:40 – 1:15 p.m.

**Breakout Session 1**

Time	Topic	Speaker	Room
1:15 – 1:40 p.m.	<b>Medications: What's on the horizon and how to choose what is best for you!</b>	<b>Michelle Muza Moons, MD</b> UM Health West	B
	<b>Healthcare Maintenance in IBD</b>	<b>Dorian Jones, MD</b> Digestive Health Institute, A Pinnacle GI Partner	C

**Breakout Session 2**

Time	Topic	Speaker	Room
1:45 – 2:10 p.m.	<b>Navigating Insurance</b>	<b>Kristen Hadley, RN</b> Henry Ford Health System	B
	<b>Complementary &amp; Alternative Therapies</b>	<b>Iana Gueorguieva, MD</b> Henry Ford Health System	C
	<b>Behavioral Strategies for Managing Chronic Pain in Pediatric IBD</b>	<b>Elizaveta Bourchtein, Ph.D., L.P.</b> University of Michigan	D

## Breakout Session 3

Time	Topic	Speaker	Room
2:15 – 2:40 p.m.	<b>Extraintestinal Manifestations in IBD</b>	<b>Leonid Shamban, DO</b> GI Medicine Associates	B
	<b>Endoscopic Interventions in IBD</b>	<b>Jessica Jou, MD</b> Henry Ford Health System	C
	<b>Transitions for pediatric IBD patients</b> How to talk to your first adult GI; transition to college, etc.	<b>Samantha Saul, MD</b> University of Michigan	D

## Break

2:40 – 2:50 p.m.

## Patient Panel with Q&amp;A

Time	Topic	Speaker	Room
2:50 – 3:15 p.m.	<b>Living with IBD – Patient Panel</b>	Moderator: <b>Jason Schairer, MD</b> Henry Ford Health System <b>Panelists</b>	B
3:15 - 3:30 p.m.	<b>Q &amp; A Panel Discussion</b>	<b>Panel</b>	B

## Adjourn