

# When it comes to breakthroughs, impatience is a virtue.

## Highlights

**Discovery of biomarkers to predict flares related to stress.**



Knowing which ulcerative colitis patients will experience a flare due to stress can help them be prepared.



**A new oral drug candidate that reduces inflammation:**

Clinical trials are on the horizon to evaluate a drug that helps decrease a leaky gut barrier that allows bacteria and toxins through.

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**The Crohn's & Colitis Foundation has played a role in every major research breakthrough in IBD.**

More than **\$500 million** in research and 2,500 research projects to date.

**New high-tech capsule delivers targeted treatment directly to the colon.**



**IBD Plexus®: Accelerating research**

Our revolutionary research platform, IBD Plexus®, continues to grow. 200 research projects worldwide now use data we've collected—including 38,000 biosamples—to accelerate and shave years off advancing new products to market.

**Monitoring IBD in Real Time: Wearable device to measure biomarkers in sweat.**

A new non-invasive monitor is being evaluated that lets patients get real-time information about their inflammatory status without waiting for invasive testing.



**Patients help us determine our research priorities for the next five years.**

2024

2025

2026

2027

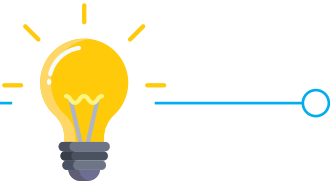
2028

*Challenges in IBD Research 2024*, our new five-year roadmap that helps set our research priorities for the entire IBD research community, was developed in partnership with IBD scientists, patients, and caregivers.

# We put patients first.

So it's no wonder 85% of people with IBD who engage with us say we've played a positive role in their lives.

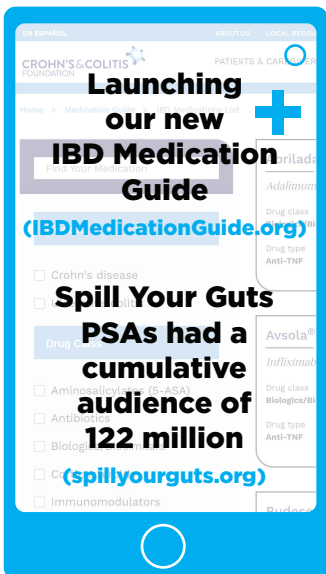
**IBD patients trust us as their source for education, guidance, and support every step of the way.**



## Helping patients and caregivers understand IBD.

4,000+ patients and caregivers stay up to date on the latest IBD information through "MyIBD Learning" educational programs that are both online and in-person.

Our IBD Help Center responded to 12,000 inquiries, offering help to patients in 170 languages worldwide.



## Gut Friendly RECIPES

**Our New Recipe Finder Makes Eating with IBD Easier**  
900,000 users  
(GutFriendlyRecipes.org)

## Breaking down barriers to care among Black/African American IBD patients.

Black/African American IBD patients have higher rates of hospitalization and surgery. Through a new CDC grant, we've begun a five-year partnership with the University of Alabama to help identify barriers, raise awareness, and improve care for these patients.

## Camp Oasis changes the lives of over 1,000 kids every summer.

A new study demonstrated that kids with IBD who attend our camp show measurable improvements in their well-being, sense of self-worth, medication adherence, and positive feelings about their future with IBD.



## We fight to protect your access to care.

We've led efforts to pass Step Therapy laws in 37 states, allowing decisions about medication to remain between clinicians and patients.

We led a rally alongside IBD healthcare professionals and patients to help deter one of the nation's largest insurers from implementing a policy that would require prior authorization, delaying vital procedures for IBD patients.