

Check-In/Registration

5:00 – 5:30 p.m.

General Sessions

Time	Topic	Speaker
5:30 – 6:30 p.m.	<p>Medical Management of IBD</p> <ul style="list-style-type: none"> ❖ Advances in Crohn's disease and ulcerative colitis treatment ❖ Managing disease progression and flares 	<p>Jakob Saidman, MD <i>Division of Gastroenterology IBD Specialist Northwell Health, Phelps Hospital</i></p> <p>Arun Swaminath, MD <i>Chief, Division of Gastroenterology Director, IBD program Lenox Hill Hospital Professor of Medicine Hofstra Northwell School of Medicine</i></p>
6:30 – 7:00 p.m.	<p>Nutrition and Patient Care</p> <ul style="list-style-type: none"> ❖ Role of diet in IBD management ❖ Addressing malnutrition and supplementation ❖ Lifestyle strategies for long-term care ❖ Navigating patient support resources 	<p>Ashley Baumohl, MPH, RD, CDN <i>GI Dietician at Northwell Health, Lenox Hill Hospital</i></p>
7:00 – 8:00 p.m.	<p>Panel Discussion: Surgical Perspectives in IBD</p> <ul style="list-style-type: none"> ❖ Indications for surgery in Crohn's and colitis ❖ Surgical options: resections, pouch surgeries, minimally invasive techniques ❖ Post-surgical quality of life ❖ Collaborative roles in multidisciplinary care 	<p>Alexis Grucela, MD, FACS, FASCRS <i>Chief, Colon & Rectal Surgery Director, Robotic & Minimally Invasive Surgery Northwell Health, Northern Westchester Hospital</i></p> <p>Feza Remzi, MD, FACS, FTSS (Hon) <i>Professor of Surgery Vice President, Northwell Health Center for Advanced Inflammatory Bowel Disease Care North Shore University Hospital Donald and Barbara Zucker School of Medicine</i></p> <p>David M. Schwartzberg, MD, FACS, FASCRS <i>Center for Advanced IBD Care Northwell Health, Lenox Hill Hospital</i></p> <p>Parul J. Shukla, MD, MS, FRCS, FACS, FACRSI(Hon) <i>Regional Chief of Colon & Rectal Surgery for Westchester, Northwell Health Professor of Surgery Donald and Barbara Zucker School of Medicine at Hofstra/Northwell</i></p>

Closing

8:00 p.m.