Crohn’s & Colitis Foundation’s Support Groups

Dear @Name@,

Your healthcare team has discussed the importance of social support and connecting with others. One resource that can help you along your journey is the **Crohn's & Colitis Foundation’s Support Group Network.**

The Foundation’s support groups offer a safe, welcoming space for adults and children with IBD, as well as caregivers, to share experiences and find understanding. Each group is led by trained volunteer facilitators who foster connection, compassion, and a sense of community.

How to Join:

- Visit the search page to find a group that fits your individual needs and aligns with your personal disease journey
- Email the facilitator for more information and details on how to attend the meeting

Visit: crohnscolitisfoundation.org/find-a-support-group