

2026 Virtual APP Education Conference
Saturday, November 7, 2026 @ 9:00 AM – 4:10 PM EST

TIME (EST)	TOPIC	SPEAKER(S)
9:00 AM – 9:05 AM EST <ul style="list-style-type: none"> • 5 minutes maximum 	Open/Welcome/Foundation Resources	Kate Carmody, MPH, <i>Crohn's & Colitis Foundation</i>
9:05 AM – 9:35 AM EST <ul style="list-style-type: none"> • 30 minutes maximum, including 5-minute Q&A 	Pathogenesis of IBD	Michele Rubin, APRN, CNS, <i>University of Chicago Medicine</i>
9:35 AM – 10:20 AM EST <ul style="list-style-type: none"> • 45 minutes maximum, including 5-minute Q&A 	Diagnostic Evaluation & Ongoing Monitoring	Helena in't Veld, MSN, FNP-C, <i>Arizona Centers for Digestive Health</i>
10:20 AM – 11:05 AM EST <ul style="list-style-type: none"> • 45 minutes maximum, including 5-minute Q&A 	IBD Medical Management & Therapeutic Drug Monitoring	Marina Ivanov, Pharm.D., BCACP, R.Ph., <i>Mayo Clinic Arizona</i>
11:05 AM – 11:50 AM EST <ul style="list-style-type: none"> • 45 minutes maximum, including 5-minute Q&A 	IBD Surgical Management & J-Pouch Function	Michele Rubin, APRN, CNS <i>University of Chicago Medicine</i>
11:50 AM – 12:20 PM EST <ul style="list-style-type: none"> • 30-minute lunch 	LUNCH	
12:20 PM – 12:50 PM EST <ul style="list-style-type: none"> • 30 minutes maximum, including 5-minute Q&A 	Very Early Onset IBD	Whitney Gray, CRNP, <i>UPMC Children's Hospital of Pittsburgh</i>
12:50 PM – 1:20 PM EST <ul style="list-style-type: none"> • 30 minutes maximum, including 5-minute Q&A 	IBD & Pregnancy	Amelia Kellar, MD, MSc, <i>University of Chicago Medicine</i>

<p>1:20 PM – 2:05 PM EST</p> <ul style="list-style-type: none"> • 45-minute combined session, including 5-minute Q&A 	<p>Health Maintenance (Adult & Pediatric)</p>	<p>Mary Kate Preite, APRN, NP, <i>Massachusetts General Hospital</i></p> <p>Amy Donegan, MS, CPNP-PC <i>Nationwide Children’s Hospital</i></p>
<p>2:05 PM – 2:50 PM EST</p> <ul style="list-style-type: none"> • 45 minutes maximum combined session <ul style="list-style-type: none"> ○ 20 minutes Adult ○ 20 Pediatric ○ 5-minutes combined Q&A 	<p>Psychosocial Issues in IBD</p>	<p>Alexandra Fuss, Alexandra, PhD, <i>Massachusetts General Hospital</i></p> <p>Miranda van Tilburg, Ph.D., <i>University of North Carolina</i></p>
<p>2:50 PM – 3:40 PM EST</p> <ul style="list-style-type: none"> • 50 minutes maximum combined session <ul style="list-style-type: none"> ○ 25 minutes Adult <i>(including 5-minute Q&A)</i> ○ 25 minutes Pediatric <i>(including 5-minute Q&A)</i> 	<p>Dietary Management in the IBD Patient (Adult & Pediatric)</p>	<p>Kelly Issokson, MS, RD, CNSC <i>UCSF Health</i></p> <p>Jennifer Smith, MS, RD, CSP, LD, LMT, <i>Nationwide Children’s Hospital</i></p>
<p>3:40 PM – 4:10 PM EST</p> <ul style="list-style-type: none"> • 30 minutes maximum, including 10 minutes Q&A 	<p>APP IBD Preceptorship Program Information Session</p>	<p>Kate Carmody, MPH, <i>Crohn’s & Colitis Foundation</i></p> <p>Michele Rubin, APRN, CNS <i>University of Chicago Medicine</i></p> <p>Mary Kate Preite, APRN, NP, <i>Massachusetts General Hospital</i></p> <p>Amy Donegan, MS, CPNP-PC <i>Nationwide Children’s Hospital</i></p>
<p>4:10 PM EST</p>	<p>Closing</p>	<p>Kate Carmody, MPH <i>Crohn’s & Colitis Foundation</i></p>