

MyIBD Learning: Nashville | Patient & Caregiver Education Conference
with Tennessee Multi-Disciplinary Providers
Saturday, May 16, 2026 | 10:00 a.m. - 1:00 p.m. CT

Check-in & Breakfast		
9:45 - 10:00 a.m.	Check-in & Visit Exhibits	
10:00 – 10:05 a.m.	Welcome from Crohn’s & Colitis Foundation	
Session 1: Presentations		
<i>Time</i>	<i>Topic</i>	<i>Speakers</i>
10:05 - 10:25 a.m.	IBD 101	Anna Owings, DO <i>Asension St. Thomas</i>
10:25 - 10:45 a.m.	Diet & Nutrition in IBD	Julia Carlson, RD, LDN <i>Vanderbilt Univ Medical Center</i> Sydney Elliott, MS, RD, LDN <i>Vanderbilt Univ Medical Center</i>
10:45 - 11:05 a.m.	Mental Health in IBD	Lisa Everhart, DNP, WHNP-BC, PMHNP-BC <i>Vanderbilt Univ Medical Center</i>
Break & Visit Exhibits		
11:05 - 11:20 a.m.		
Session 2: Breakouts		
<i>Time</i>	<i>Topic</i>	<i>Speakers</i>
11:20 - 11:50 a.m.	<i>Adult Breakout Session:</i> New IBD Therapies/Treatments for Adults	Robin Dalal, MD, FACG <i>Vanderbilt Univ Medical Center</i>
11:20 - 11:50 a.m.	<i>Pediatric Breakout Session:</i> New IBD Therapies/Treatments for Children	Diana Riera, MD, MBA <i>Vanderbilt Children’s</i> Tom Strobel, MD <i>Vanderbilt Children’s</i>
Session 3: Lunch & Panels		
<i>Time</i>	<i>Topic</i>	<i>Speakers</i>
11:50 a.m. - 12:30 p.m.	Lunch & Patient Stories	Patient Panel
12:30 - 1:00 p.m.	Healthcare Provider Q&A	All Speakers