



We go where others haven't gone.

Highlights 2025

We have played a role in every major research breakthrough in Crohn's disease and ulcerative colitis, including the development of groundbreaking biologic therapies that have come to market in the past decade. We are the trusted source for IBD patients and caregivers, educating, guiding, and supporting them every step of the way.

By the Numbers

1.6M

Patients and caregivers reached

13%

Increase in flagship research awards to support scientists during federal research disruptions

121K

Healthcare professionals reached

238

Active research projects at **200 universities** and hospitals worldwide

86%

Of patients who engaged with the Foundation say we have made a positive impact on their disease journey

12K

Advocacy messages to elected officials



Our Commitment to Transparency

Our newly launched strategic plan progress tracker provides you with **real-time updates on how we're achieving our goals** in the areas of research, patient education and support, advocacy, engagement and awareness, and fundraising and revenue.



Uniting Data to Power Breakthroughs

In 2025, IBD Plexus®—our groundbreaking research accelerator and the world's most comprehensive collection of IBD patient data and biosamples—powered more than **140 research projects across the globe, resulting in 38 published studies.**

Through the power of AI, we're unlocking deeper insights in IBD to develop personalized treatment strategies for every patient.



Keeping IBD patients out of the ER

Through our IBD Qorus® collaboration, 76 participating GI practices across the country are working together to improve IBD care—continuing to lead a **51% decrease in emergency visits and a 57% reduction in hospitalizations among their patients.**



Global IBD Registry launched

The Foundation and an international consortium of leading IBD researchers **launched the Global IBD Registry (GLIDE)**, connecting data from IBD registries around the world to help researchers speed the development of better treatments for people living with IBD.



Finding new relief for pain

We're investing in a **promising oral treatment for abdominal pain** in IBD that offers targeted relief without suppressing the immune system.

Advancing Innovative Treatments to Clinical Trials

Eight cutting-edge studies from our IBD Ventures research program have reached the clinical trial stage, including:

- A drug to prolong Crohn's remission
- A blood test to monitor inflammation
- A wrist sensor that monitors biomarkers of inflammation through your sweat
- A pill to block fibrosis



Education & Support



Learning That Empowers You

In 2025, our MyIBD Learning education programs reached 1.6 million people.

Participants of our in-person programs reported powerful results:

92%

gained a stronger understanding of IBD

86%

felt better equipped to discuss treatment plans with their care team

63%

felt more confident managing their health

We continued to create programs that offer meaningful support to ensure that all those who are part of the IBD community are supported and empowered to take charge of their health.



Supporting You Every Step of the Way

Our IBD Help Center facilitated **26,000 connections** to trusted guidance and information. **We boosted participation in our support groups by 30%.**



New Resources



Building Confidence at Camp Oasis

1,065 kids and teens with IBD attended Camp Oasis in 2025. Our survey shows that campers were **48% less likely** to be embarrassed about having IBD compared to before camp.

Aging and IBD • Endoscopies
Fistulizing Crohn's Disease • Very Early Onset IBD

Advocacy & Awareness



Raising Awareness and Breaking the Stigma

- The Foundation was featured in more than **3,000 media stories in 2025.**
- Our **Let's Go There** campaign is sparking open and bold conversations and challenging the stigma surrounding IBD.
- The campaign has reached more than **1.6 million people.**
- More than half of those surveyed who saw the campaign reported feeling **less embarrassed about having IBD.**

Closing the Care Gap for Young People with IBD

A Foundation national survey reveals that **more than one-third of young adults with IBD face insurance company step therapy mandates** and many are often working extra jobs or hours to afford treatment. We are using these insights to drive our advocacy for more affordable and equitable care for all.



Steps That Change Lives

60 Take Steps fundraising walks across the country to support IBD cures **raised more than \$10 million.**

Safe Step Act Is Back in Congress

39 states have now passed the Safe Step laws supported by the Foundation. Our IBD Day on the Hill drove the reintroduction of the federal Safe Step Act in the House and Senate, bringing us closer to nationwide protections that ensure everyone can access the treatments their doctors prescribe instead of being forced to “fail first” on insurer-mandated treatments.

